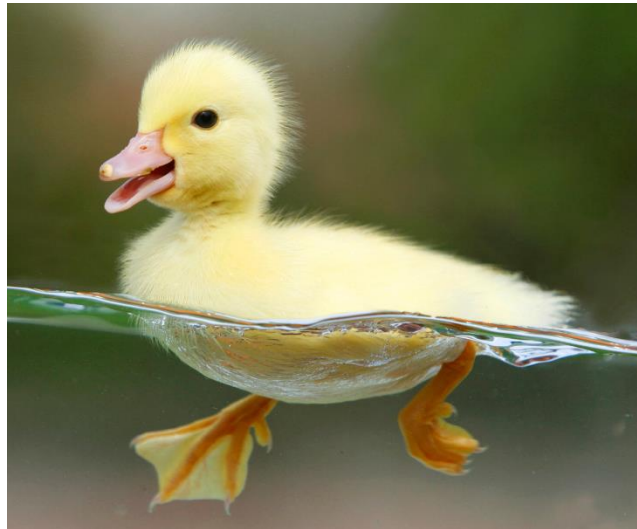


Daphne Duck's Difficult Day.



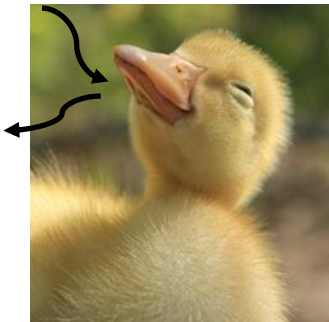
Jennifer Anzin



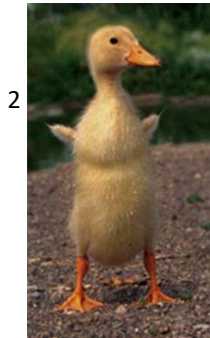
Daphne Duck loved playing with her friends. But sometimes, when she wanted a toy that Pedro Pig or Gibran Lamb had she would get angry.



She wanted to scream and throw things. But instead, she would stop....



1



2

3

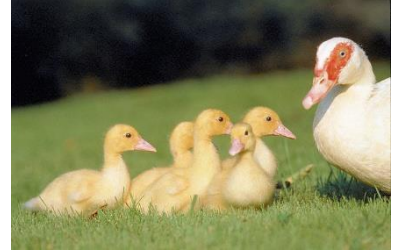


5



4

Breathe in and out, count to five on her wings, stomp her webbed feet and let it roll off her body (shake it off).



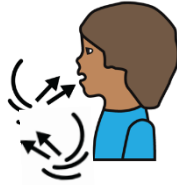
When she was calm, she would wait for a turn with a toy, play with another friend or talk to an adult.



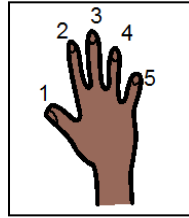
The End



stop



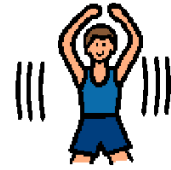
breathe in/out



count to 5



stomp your feet



Shake/roll anger away

When feeling angry like Daphne, we can stop, breathe in/out, count to 5, stomp our feet and let the anger roll off our bodies.