



Songs to Build Skills

*These songs help build communication, social, self-regulation, cognitive and fine motor skills. Many of the tunes can be found online at ConnectAbility.ca

Someone is Hiding:



The lyrics to the song are:

“Someone is hiding, hiding, hiding, someone is hiding, who can it be? Peek-a-boo, I see you...peek-a-boo, I see (child(ren)’s name).” (Use a scarf or blanket hold it up near a child’s face and then move it down. With a larger group you can have 2 or more children “hide” at the same time”)

The Hurray Song:



The lyrics to the song are:

“Hurray for (child’s name), Hurray for (same child’s name), someone in the crowd is singing hurray for (same child’s name), 1,2,3,4 who are we for, (same child’s name), that’s who!” (Child named in the song is shaking the pom pom). If there is no pom pom available, everyone can clap hands. With a larger group, you can sing several names, for example, **“Hurray for Aidan, Hurray for Hamza, someone in the crowd is singing, Hurray for Sinead, 1,2,3,4 who are we for, Jordan, that’s who”** etc.

The Good Morning Train:



The lyrics to the song are:

“The Good Morning Train is coming how are you? Choo Choo.. The Good Morning Train is coming how are you? Choo Choo...The Good Morning Train is coming, The Good Morning Train is coming, the Good Morning Train is coming how are you? Choo Choo... And we say hello to (child’s name), how are you? Choo Choo...And we say hello to (child’s name) Choo Choo (continue until you say hello to everyone and then finish with “Choo Choo”.

Look Into the Mirror:



The lyrics to the song are:

”(Child’s name,) oh (Child’s name) look into the mirror, tell me oh tell me, tell me what you see, (hold up a mirror to child’s face), I see a (nose) in place, I see (eyes) in place, nose in place, eyes in place, oh oh oh oh...” etc.

(With a larger group, you can have several children look into the mirror at the same time and point out one facial feature for each child as you sing)

Catch the Bubbles:



The lyrics are:

”Catch the bubbles, catch the bubbles, as they fall, as they fall, (Child’s name) catch the bubbles, (another child’s name) catch the bubbles, as they fall, as they fall..”etc.

Reach Inside:



The lyrics are:

”Reach inside, Reach inside, what did you find, what did you find? (Child’s name) found a (object). (Child’s name) found a (object) , reach inside, reach inside”, etc.

Place a variety of objects in a bag, small box. For example: a toy car, a toy dog, a plastic apple, a toy bus. Give each child (or one child) a turn picking out an object. Identify the object they pick out of the bag.

Ring Around a Rocket Ship:



The lyrics are:

“Ring around a rocket ship, flying round and round (everyone joins hands and flies in a circle) zoom, zoom, zoom zoom, we all go down (everyone sits on the floor). Ring around a rocket ship, zooming to the sky, (everyone stands up and holds hands walking in a circle again), up, up, up, up to the stars we fly”.

Down at the Corner:



The lyrics are:

“Down at the Corner at the (grocery, toy, clothes) store, there were (the number of objects) little (toys, foods, objects) sitting on the floor, along came (Child’s name) on her/his own, and s/he picked up the (name the object) and took it home. La la la la la la la la la..” etc.

Place a variety of objects on the floor or on a table. While singing the song, each child has a turn picking one of the objects and holding it.

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